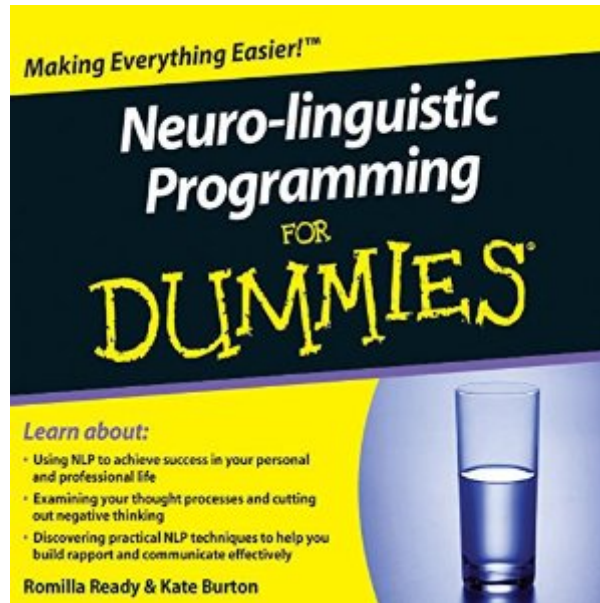# Neuro-Linguistic Programming For Dummies Audiobook

Synopsis

This audiobook stands alone as an introduction to a long-established branch of personal development psychology. NLP (Neuro-Linguistic Programming) underpins the ideas of best-selling authors like Anthony Robbins. This audiobook takes the listener straight to the source. This is a no-nonsense guide on how to use NLP in your personal life and examine thought processes in order to cut out negative thinking. It offers practical tools anybody can use to learn and improve their professional environment.

Book Information

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Customer Reviews

Have you ever run into the sort of person who talks about things they know nothing about, but talks on and on and on, apparently in the hope that if they keep talking for long enough then the law of averages means they must get at least some of it right?That's what I felt I was up against when I was reading this book.Firstly, it is badly laid out, by which I mean that it has no obvious flow other than (I guess) the order in which things popped into the authors' heads.Secondly, a significant amount of the material has little or nothing to do with NLP - like the "Wheel of Life" and the stuff on PTSD - and quite a lot the material, whether about NLP or not, is at best ambiguous and at worst plain inaccurate.Thirdly, the frequent, pointless repetition of quite basic material, and the inclusion of the irrelevant material, means that a whole lot of genuine NLP material gets left out.In the case of the meta programs, for example, only six meta programs are included, and even those aren't explained particularly well. Indeed, at one point in the book the authors claim that all meta programs ("metaprograms", as they call them) work along a sliding scale. Which clearly is NOT true of meta

programs such as the "Work Preference Filter", the "Primary Interest Filter", and especially not in the case of the "In Time/Through Time" or "Time Storage Filter" meta program, which the authors confuse with "Time Lines" as in Time Line Therapy.Worst of all, there doesn't seem to have been any attempt to edit the book once it was complete. Thus, for example, there are several places where a topic flagged up as being covered "later in this chapter" actually turns up on the very next page.

Neuro-Linguistic Programming For Dummies Audiobook Neuro-linguistic Programming For Dummies (For Dummies (Psychology & Self Help)) Neuro-Linguistic Programming Workbook For Dummies Frogs into Princes: Neuro Linguistic Programming NLP: The Ultimate NLP Guide: Simple Techniques To Increase Your Confidence, Achieve Success, & Maximize Your Potential (Neuro-Linguistic Programming) NLP: The Essential Guide to Neuro-Linguistic Programming NLP: Neuro Linguistic Programming: Re-program your control over emotions and behavior, Mind Control - 3rd Edition (Hypnosis, Meditation, Zen, Self-Hypnosis, Mind Control, CBT) Dark NLP: How To Use Neuro-linguistic Programming For Self Mastery, Getting What You Want, Mastering Others And To Gain An Advantage Over Anyone NLP: Neuro Linguistic Programming: A Practical Guide To Taking Charge Of Your Life By Changing Your Brain And Mind Programming #8:C Programming Success in a Day & Android Programming In a Day! (C Programming, C++programming, C++ programming language, Android , Android Programming, Android Games) Programming #57: C++ Programming Professional Made Easy & Android Programming in a Day (C++ Programming, C++ Language, C++for beginners, C++, Programming ... Programming, Android, C, C Programming) Programming #45: Python Programming Professional Made Easy & Android Programming In a Day! (Python Programming, Python Language, Python for beginners, ... Programming Languages, Android Programming) Programming: Computer Programming for Beginners: Learn the Basics of Java, SQL & C++ - 3. Edition (Coding, C Programming, Java Programming, SQL Programming, JavaScript, Python, PHP) Raspberry Pi 2: Raspberry Pi 2 Programming Made Easy (Raspberry Pi, Android Programming, Programming, Linux, Unix, C Programming, C+ Programming) Android: Programming in a Day! The Power Guide for Beginners In Android App Programming (Android, Android Programming, App Development, Android App Development, ... App Programming, Rails, Ruby Programming) DOS: Programming Success in a Day: Beginners guide to fast, easy and efficient learning of DOS programming (DOS, ADA, Programming, DOS Programming, ADA ... LINUX, RPG, ADA Programming, Android, JAVA) ASP.NET: Programming success in a day: Beginners guide to fast, easy and efficient learning of ASP.NET programming (ASP.NET, ASP.NET

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